

Weekend Workshop: Transformation Group (TFM)

New experiences in being connected



The main focus of this weekend workshop is individual sessions and meetings with Gopal. During every group session there is the possibility for you to come in front and meet Gopal personally. The other group members accompany the process with their loving awareness.

As supporting exercises for the body we do some easy body work in the morning and silent meditation in the evening. Thus all layers of our nervous systems are being addressed and deep transformations can happen in a short time.

Another goal of the event is that the participants can continue with their work after the workshop and form a local group further developing their connection. [[Video](#)]

Conditions:

Min. 10 and max. 20 participants.

Can be booked altogether only.

Alcohol and drugs during the event are forbidden.

There are strict rules for punctuality.

There will be no recordings of any kind.

Prerequisites:

The following documents must be filled out and handed over to Gopal at the beginning of the event:

<https://www.traumaheilung.net/en/Contactform.pdf>

If you want to organize such an event at your place then please write an email to me:
gopal@traumaheilung.net

With this event all my efforts merge into **ONE**: individual sessions, knowledge transfer, self-awareness, group experience, body work, meditation, energy work, training, supervision and networking.



Gopal, Heilpraktiker für Psychotherapie
gopal@traumaheilung.net
Tel. 0176-72718821
www.traumaheilung.net

